

FATHOM

From Off-Grid Treehouses to Desert Earthships: 6 Glorious Ways to Stay in Nature

by Team Fathom

Time to rewild yourself. Over a thousand studies regarding humans in nature conducted over the last several years point to the same outcome again and again: the more time we spend in natural settings, the better we feel emotionally, psychologically, energetically. From mountains to prairies to deserts to oceans white with foam, here are six spectacular places across North America to get back in touch with your wild side. Find more in our book, *Travel North America (And Avoid Being a Tourist)*.



The Point Resort, Saranac Lake, New York

An adults-only getaway for those who like roughing it Rockefeller style. The whimsically decorated stone and timber mansion is one of the Adirondack Great Camps built by Gilded Age magnates along Upstate New York's lakeshores. Then and now, the house delivers nature in luxurious trappings – rock climbing in the High Peaks and boat rides in the resort's mahogany Budsin during summer and, in winter, skating, ice fishing, and curling on the frozen lake or cross-country skiing and snowshoeing on miles of paths that stretch through the Adirondacks.

