

10 of the best adult-only all inclusive resorts in the Americas

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WE GET IT. People love their children and don't mind other people's little darlings, either. But if it's serious R&R you're after, a pool full of screaming kids and the thumping bass of an endless pool party isn't going to help your cause. If you're looking for an opportunity to truly — and we mean truly — wind down, look no further than these top all inclusive adults only resorts that place a heavy emphasis on relaxation.

Each of the following picks has its own distinct atmosphere and vibe — from the secluded and luxurious, to the indulgently hedonistic: think easy-breezy sun and sand spots, tranquil forest getaways, foodie-approved gourmet havens, and more. But the one thing they do all have in common? Their efforts to create an oasis of calm where everyone can fully embrace the joys of adulthood. No crying babies interrupting your hangover, no asking for the kids' menu, no teens running feral. Just pure unadulterated relaxation. Heaven.

So whether you're taking a little break from your own kids, or you just want to avoid other people's sprogs where humanly possible, here are some of the best all inclusive adults only resorts to try out for size.

All inclusive adults only resorts in the US

4. The Point Resort, New York, US



If your idea of New York equals bright lights, big city, then this adults-only haven will tip all that on its head. Hidden away in a six-million-acre park, this [resort](#) is a paradise of shimmering lakes, soaring mountains, and sweet pine-scented air.

Guests here can choose between woodside cabins or waterfront boathouses, all of which have wall-to-wall views of the very best nature has to offer. There's black-tie-suggested dining on Wednesdays and Saturdays, and plenty of activities to choose from — think kayaking, tennis and fishing for sporty types, plus seaplane tours and island picnics for that once-in-a-lifetime treat. After a day spent on the water, head back and unwind: cocktails on the flagstone terrace, a moonlit stroll to the bonfire area — or perhaps reclining on a plush sofa by the piano is all you can muster.